

June, 2010 – Lunch

*vegetarian meal

		- 12	- 10	
	6/1	6/2	6/3	6/4
	Turk-a-roni	Hamburger patty	*Lasagna	Baked chicken leg
	Grated cheese	Dried beans & tomato sauce	Tossed salad	Zucchini
	Spinach salad	Roll	Wheat bread/butter	Wheat bread/butter
	Raisin bread/butter	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh fruit			
6/7	6/8	6/9	6/10	6/11
*Cheese melt	*Beans & Rice	Turkey sloppy joe	Salisbury steak	Teriyaki chicken
Tomato pasta soup	Tossed salad	Carrots	& gravy	Broccoli
Fresh fruit	Tortilla	Roll	Brown rice	Wheat bread/butter
	Fresh fruit	Fresh fruit	Cole slaw	Fresh fruit
			Multi-grain bread/butter	
			Fresh fruit	
6/14	6/15	6/16	6/17	6/18
Hamburger stroganoff	*Ravioli w/olive oil &	Chicken nuggets	*Pizza	BBQ Chicken
Noodles	Parmesan	Potato soup	Garden salad	Mixed vegetables
Salad	Peas	Wheat bread/butter	Fresh fruit	Corn bread/butter
Wheat bread/butter	Dinner roll	Fresh fruit		Fresh fruit
Fresh fruit	Fresh fruit			
6/21	6/22	6/23	6/24	6/25
Beef & turkey soft taco	*Ouiche	Spaghetti w/meat sauce	Meatball sub w/tomato sauce	*Macaroni & cheese
Grated cheese	Diced carrots	Grated cheese	Grated cheese	Peas
Corn	French bread /butter	Spinach salad	Roll	Wheat bread/butter
Fresh fruit	Fresh fruit	Wheat bread/butter	Broccoli	Fresh fruit
		Fresh fruit	Fresh fruit	
6/28	6/29	6/30		
Ziti with chicken sausage &	Chicken fajitas	Meatloaf		
tomato sauce	Flour tortilla	Mashed sweet potatoes		
Grated cheese	Spanish brown rice	Wheat bread/butter		
Vegetable salad	Chilled veggies & dip	Fresh fruit		
Wheat bread/butter	Fresh fruit			
Fresh fruit	11000			
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